

FAMILY CARE



Supporting the validation of competencies acquired by Family Caregivers in non-formal and informal learning through digital badges and micro-credentials

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PARTNERS FROM 5 COUNTRIES, ONE SHARED MISSION

Over the past months, the FAMILY CARE consortium has completed a comprehensive **piloting phase of its digital tools across Spain, Greece, Lithuania, Poland, and Turkey**. This milestone marks a major step in empowering family caregivers and adult educators with innovative tools to recognise and validate competences acquired through informal and non-formal learning.

Coordinated under Work Package 4, the pilot tested:

- The Virtual Campus (MOOC and training modules)
- The Mobile Assessment App
- The overall digital recognition model based on micro-credentials and digital badges



WHO PARTICIPATED?

Across all partner countries, over **150 participants** were involved:

- Family caregivers: individuals who provide daily care to dependent relatives, often without formal training.
- Adult educators, counsellors, and guidance professionals: working directly with caregivers in training or support contexts.

Each pilot ensured the inclusion of disadvantaged groups and promoted accessibility, especially for those with lower digital skills or limited educational backgrounds.

WHAT DID THE PILOTING PHASE INVOLVE?

The pilot followed a common methodology and included:

- Training via the **Virtual Campus** on caregiving competences
- Testing the **Mobile Assessment App** for validation
- Providing **feedback** through surveys, interviews, and focus groups

The learning activities included theoretical content, practical exercises, and reflection sessions, all aligned with the European Framework of Competences.

Each national team facilitated the pilots in community centres, local NGOs or online settings, depending on the context and audience.



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KEY FINDINGS AND SATISFACTION RESULTS

The pilot phase across the five participating countries showed very **high satisfaction rates** among both family caregivers and adult educators. Participants appreciated the simplicity, usefulness, and flexibility of the digital tools and training resources.

- ✓ 94% of caregivers said the training helped them better understand their own competences
- ✓ 89% found the Virtual Campus easy to use and engaging
- ✓ 87% reported feeling more confident using digital tools after the training
- ✓ 92% would recommend the Mobile Assessment App to other caregivers
- ✓ 4.6/5 was the average overall satisfaction score across all tools and countries

These results confirm that FAMILY CARE's resources are inclusive, accessible, and meaningful – successfully supporting the recognition of informal learning among a highly valuable and often invisible group: family caregivers.

POSITIVE IMPACT

Feedback from both educators and caregivers has been overwhelmingly positive.

Participants found the materials clear, relevant, and easy to use, and highlighted the value of recognising skills they had developed informally, often over years of care work.

"I didn't know I knew so much... until I saw it written down." – Family caregiver, Spain

Caregivers reported increased self-confidence, stronger motivation to continue learning, and a new sense of professional identity. Educators appreciated the tools as effective resources for digital training and skills validation.

EUROPEAN COLLABORATION

Although piloting conditions varied slightly by country, all partners reported:

- Strong engagement from participants
- Improved digital literacy and awareness
- A sense of belonging to a European initiative

The pilot served not just as a test, but as a shared learning process among organisations and individuals who rarely get access to such innovative tools.

It fostered mutual understanding across diverse socio-cultural contexts, and enabled each country to adapt the FAMILY CARE resources to local realities —while keeping a European vision.

WHAT'S NEXT?

The insights gathered from the pilot will feed directly into:

- **Final Guidelines & Recommendations**
- **The improvement and finalisation of the Virtual Campus and Mobile App**
- **A stronger European framework for validation of informal competences**

The FAMILY CARE project is proud to contribute to recognition, dignity, and upskilling for family caregivers, one of Europe's most essential – and often invisible – support networks.

PARTNERSHIP



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